

ICN2 TRAINING PLAN 2025



HR EXCELLENCE IN RESEARCH

ORGANISATIONAL AND PERSONAL SKILLS

Mindfulness and stress reduction

JANUARY - FEBRUARY

Audience: All

Psychological safety: Cultivating a learning culture for high-performing research teams

MARCH

Audience: All

Leadership training for Postdoctoral Researchers

MAY - JUNE

Audience: Postdocs

Writing thesis boot camp

MAY - JUNE

Audience: PhD Students

Writing for anxiety and procrastination and building good habits

MAY - JUNE

Audience: All

Soft skills

JUNE

Audience: Administration

Soft skills

JUNE

Audience: Divisions

From Science to Business

OCTOBER

Audience: Postdocs

Your non-academic CV and Linkedin profile

Scientific careers inside and
outside Academia

NOVEMBER

Audience: PhD Students

Career week

JULY

Audience: All

Leadership in action

TBC

Audience: Postdocs

Graphic design for scientists

TBC

Audience: Researchers

Leadership (Heads)

TBC

Audience: Leadership Heads

HEALTH AND SAFETY

Waste management & sustainability

**MONTHLY STARTING IN
FEBRUARY 2025**

Audience: Lab Staff

Safe handling of gases and cryogenics

MARCH

Audience: ICN2 Staff

Safety ergonomics (in Labs and VDU stations)

**QUARTERLY STARTING IN
MARCH 2025**

Audience: Lab staff and
workstation users

Fire awareness training for a safe storage of hazardous materials

MAY

Audience: Lab Staff

Fire and emergencies awareness

JUNE

Audience: Emergencies Team

Basics on Health & Safety

TBC

Audience: Lab Staff

Laser safety training

2 EDITIONS/YEAR

Audience: Staff working near laser
systems (3R, 3B, 4) or intense light
sources

First aid training

2 EDITIONS/ YEAR

Audience: ICN2 Staff

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HR EXCELLENCE IN RESEARCH

JOB-RELATED SKILLS

Research data management

MARCH

Audience: Researchers

Scientific project management

APRIL/MAY

Audience: Postdocs, staff

Scientific oral presentations

Behind the scenes

APRIL

Audience: PhD students

Artificial intelligence (Seminar)

MAY

Audience: Researchers

Scientific writing

SEPTEMBER

Audience: PhD students

Open Acces

OCTOBER

Audience: All

Research integrity

OCTOBER

Audience: PhD Students, Postdocs

Impact

TBC

Audience: Researchers

Python

TBC

Audience: Researchers

Avoiding bias in recruitment processes for hiring managers

TBC

Audience: Hiring managers

Sensitive data management

TBC

Audience: People with access to sensitive data

SCIENTIFIC KNOWLEDGE

Open Knowledge Programme (OKP)

JANUARY - DECEMBER

Audience: All

LANGUAGES

English

FEBRUARY - DECEMBER

Audience: All

Spanish, Catalan

FEBRUARY - DECEMBER

Audience: All

PhD Thesis defense

MARCH - DECEMBER

Audience: PhD students